A TASTE OF MARDI GRAS
CREOLE-STYLE BEAN BURRITOS {page 24}

AUTHOR BULLOCK'S EX TO PEN MEMOIR OF MARRIAGE {page 18}

VANCOUVER metro®
Thursday, February 24, 2011
www.metronews.ca
News worth sharing.

MATT KIELTYKA/METRO

▶ Evi Quaid sports her new Canadian citizenship card yesterday in Vancouver after announcing she will sponsor her husband, actor Randy Quaid, right, to end a bizarre refugee saga that started in October.

Quaids win fight to stay

CBSA drops inadmissibility proceeding against actor Randy Quaid ◐ Wife gets citizenship card, will sponsor husband ◐ Quaids feel safe from alleged 'star whackers'

MATT KIELTYKA
@METRONEWS.CA

A made-in-Vancouver tale seemingly plucked from a bizarre Hollywood script appears to have finally come to a close.

Randy Quaid's lawyer announced yesterday the Canada Border Services Agency has dropped its inadmissibility proceedings against the actor, who fled to Canada with his wife, Evi, in October because of an alleged "star whacker" conspiracy plot.

"Randy no longer faces any impediment to his presence in Canada," attorney Catherine Sas said. "Evi's Canadian citizenship was formally recognized and (she) has formally applied to sponsor her husband."

Sas said Quaid is expected to get permanent resident status before his next scheduled refugee claim hearing, which would then be dropped.

"When Evi and I came to Canada last October, we could never have envisioned how things would unfold and how our lives would change," Quaid said. "You're all aware of what transpired since then. Today we're here to say thank you Canada ... thank you for the opportunity to live in peace."

The National Lampoon's Vacation star still faces a vandalism charge in California, and Sas said the couple hope to resolve the issue from Vancouver.

Quaid and his wife applied for refugee status in Vancouver when they arrived to accept an award from the Vancouver Film Critic's Circle.

The award, for best supporting actor in a Canadian film for 2009's Real Time, was finally given to Quaid during the press conference.

Sas wouldn't talk about the alleged conspiracy that sits at the heart of Quaid's refugee claim, and only said the couple feel safe in Canada.

For more news, visit metronews.ca/vancouver

The best of British style

Rounding up London Fashion Week's top labels {page 19}

Foreigners flee Libya in droves

Canadians among those escaping unrest {page 8}

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Case of missing teen investigated by homicide detectives

Homicide detectives have taken over the investigation of a missing teen who vanished from Bowen Island a year and a half ago.

Jodi Henrickson was last seen on the morning of June 20, 2009. Yesterday was her 19th birthday.

"Jodi's disappearance is considered suspicious and foul play is suspected," said RCMP Cpl. Dale Carr in a release. "Bowen Island (residents) can expect to see investigators from IHIT on the island making additional inquiries."

JEFF HODSON

CONTRIBUTED

▶ Jodi Henrickson

Fighting fraud with fixed facial features

ICBC is using facial recognition technology to uncover cases of identity theft and fraud, the organization announced yesterday. The technology uses fixed facial features — like cheekbone size and location and the distance between the eyes — to compare a person to their image on file and millions of others in the ICBC databases. JEFF HODSON

NATALIE JOHAL/FOR METRO

▶ Vancouver Police Const. Mandy Scorrar uses her laptop in her squad car in the Downtown Eastside yesterday.

VPD cop tweets about her beat

Vancouver police officer to tweet about her shift from 7 tonight until 6 a.m.

KRISTEN THOMPSON
@METRONEWS.CA

Vancouverites in the Twittersphere will get the chance to learn what it's like to be a patrol officer in the Downtown Eastside tonight.

For the first time, veteran police officer Const. Mandy Scorrar will be tweeting about the challenges and duties of her night shift, sharing — in real time — personal accounts and updates about her calls.

"I'm really excited, I've never done anything like this," said Scorrar. "I had to be taught how to tweet."

Scorrar said people often ask her what her shifts are like, and this is a chance to share that information with anyone who cares to sign on to Twitter.

Const. Anne Longley, VPD spokesperson, said Scorrar will be riding as a passenger in the squad car and will be balancing work and tweeting.

"Twitter is another communication tool as an open and transparent police agency," she said.

For more local news visit metronews.ca/vancouver

Cops on Twitter

The Vancouver Police Department launched its Twitter presence on Dec. 9 with a tweet-a-thon.

1. Since then, followers have jumped to more than 6,000 from 300.
2. To follow Scorrar's tweets, follow @VancouverPD #CstMandy.

1 news

Documentary confirms your suspicions: Racoons are wicked smart. Scan the code for the story.

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The Tories aren't the first government to think they own the truth, and they won't be the last. More at metronews.ca/spindoctor

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Clark decries debt

Taxpayers association unveils B.C.'s growing deficit Liberal leadership candidate Christy Clark outlined plans for debt reduction

NATALIE KAUR JOHAL
VANCOUVER@METRONEWS.CA

Liberal leadership candidate Christy Clark made a surprise appearance with the national debt clock yesterday morning as it stopped in Vancouver on its cross-country journey.

Clark, however, admitted she was not thrilled to stand beside such monumental provincial debt.

"It's never been more important for British Columbia to have a fiscally conservative government," said Clark, adding that "it's much easier not to incur deficits than ratchet back debt."

The other Liberal candidates were also invited to talk about how they plan to reduce B.C.'s growing debt — as unveiled by the Canadian Taxpayers Federation (CTF) — but Clark was the only one to attend.

CTF had a message for federal and provincial governments alike: stop spending, balance budgets, and turn the debt clock back.

CTF B.C.'s Gregory Thomas pointed a finger squarely at Gordon Campbell, charging the premier for a provincial debt which will grow to $60 billion in 2014, up from the $34 billion when he took office in 2001.

▶ Christy Clark, right, with CTF directors Kevin Gaudet, left, and Gregory Thomas stand with the national debt clock, set to show B.C.'s growing debt, in Vancouver yesterday.

Sinking deeper

- B.C.'s debt is growing at a rate of $10,266 per minute and is expected to reach $47 billion by March.
- The provincial debt per person is $10,316.
- Interest on the provincial debt is $2.1 billion per year, or $535 per person, per year.

If elected, Clark plans to cap health-care spending and divert money to other areas with no tax cuts over the short-term.

"Debts are a tax on our children tomorrow."

Dix nixes proposal

NDP leadership hopeful and former health critic Adrian Dix said in a release that Clark's proposal fails to look at cost saving alternatives and will mean major cuts — $518-million worth — for essential programs.

NATALIE KAUR JOHAL

on the hou$e

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Chilly weather has outreach workers, police on alert

As the Lower Mainland finds itself in the grips of a cold snap, Vancouver police and homeless outreach workers will be on the streets reminding the city's homeless that beds are available at local shelters.

Const. Jodyne Keller, the VPD's homeless outreach officer, said extra bed spaces are opened when cold weather alerts are issued.

"No one should ever be outside, especially during a cold alert," she said. "We take that very seriously."

Brenda Prosken, deputy general manager, community services, with the City of Vancouver, said no one will be turned away during cold weather alerts.

Keller said patrol officers have been mandated to check on people sleeping outside, remind them where shelters are and — if the individual refuses to go inside — provide them with a blanket.

"We will not use force (to get them inside)," Keller said, adding if an officer feels the individual is not mentally competent to make decisions about their health and safety, they may be brought to hospital for treatment and care.

NATALIE KAUR JOHAL/FOR METRO

▶ Const. Jodyne Keller

It's cold outside

- According to Environment Canada, the temperature is expected to drop as low as -3 C on Thursday, -8 C on Friday and -6 C with flurries on Saturday.

KRISTEN THOMPSON

For more information visit www.metronews.ca

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News in brief

CONTRIBUTED

▶ Abbotsford police Chief Bob Rich and Solicitor General Rich Coleman.

Hummer peddles new message

BILLBOARD. Abbotsford police have transformed a drug dealer's forfeited Hummer into a rolling billboard to help them discourage youth from gang and criminal activity. The vehicle was formerly used to traffic heroin and now displays the messages "Gang life is a dead end" and "Easy money can get you hard time." METRO

Cops want witnessess

VICTIM. Police are asking witnesses to a pedestrian collision in Delta to come forward. The victim is in serious condition after being hit by a red 1995 Plymouth Neon at the intersection of 120th Street and 68th Avenue. METRO

Seafield tenants allowed to stay

WEST END. Tenants of Seafield Apartments in the West End will be allowed to stay in their homes after the Residential Tenancy Branch ruled their eviction notices invalid. METRO

Snow shuts Victoria down

WEST END. Heavy snowfall in Victoria yesterday brought the city to a halt. The snow forced the closure of a number of schools and slowed traffic to a crawl. Police were busy responding to vehicle collisions, though none were reported as serious. A snowfall warning remains in effect for the area today. METRO

Furlong's Russian deal looked at by IOC

The IOC has not launched an investigation In the final round of IOC votes, Vanouver beat Pyeongchang, S. Korea

JEFF HODSON/METRO FILE

▶ VANOC CEO John Furlong

The IOC is asking the head of the Vancouver Olympics for more details on his claims of a deal with Russia during the bidding for the 2010 Games.

John Furlong, who led the winning bid and headed the 2010 organizing committee, says in a new book that a deal with Moscow's mayor may have been instrumental in swinging votes in Vancouver's favour. The disclosure in Furlong's memoirs raises the spectre of possible violations of International Olympic Committee ethics and bidding rules.

"There is no investigation by the ethics commission at the present time," said International Olympic Committee spokesman Mark Adams. "However, having now read the book, we have written to John Furlong to ask him if he can give us more specifics on the claims made."

Furlong's book — Patriot Hearts: Inside the Olympics That Changed a Country — was released on Feb. 12, the first anniversary of the Games. The book says Furlong and another bid official, Bob Storey, met with Moscow Mayor Yuri Luzhkov in his office near Red Square ahead of the IOC vote in Prague, Czech Republic, in June 2003.

THE ASSOCIATED PRESS

Russian deal

- **Moscow** Mayor Yuri Luzhkov was a leader of Moscow's bid to host the 2012 Summer Olympics.
- **Bid** "Luzhkov said the country wanted our help with the planning of its bid," Furlong wrote.
- **Deal** The book said the deal involved the Vancouver bidding team arranging a special bidding workshop for the Russians in exchange for votes from Russia's IOC members.
- **Ethics** "There was certainly nothing illegal or unethical about it," Furlong wrote.

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News in brief

▶ Seif al-Islam Gadhafi

Gadhafi's son takes a hit

LIBYA. According to secret diplomatic cables released yesterday by WikiLeaks, Moammar Gadhafi's son Seif al-Islam Gadhafi cultivated a respectable image and had locals rallying f or him to be heir-apparent.

However, that image may have been destroyed this week when he went on TV to threaten anti-government protesters with civil war if they persisted.

The cables reveal Gadhafi's children were increasingly engaged in covering up scandals.

THE ASSOCIATED PRESS

Saudi leaders buy loyalty

SAUDI ARABIA. The government of Saudi Arabia tried to get ahead of potential unrest in the oil-rich country yesterday by announcing an unprecedented economic package that will provide Saudis interest-free home loans, unemployment assistance and sweeping debt forgiveness.

THE ASSOCIATED PRESS

Chemical fears put to rest

LIBYA. Moammar Gadhafi is keeping his word to destroy his chemical stockpile and has no weapon to deliver a chemical payload, a UN watchdog group said yesterday.

Fears that the regime will use chemical or biological weapons are rampant among protesters facing Gadhafi's supporters.

But the Organization for the Prohibition of Chemical Weapons said the use of chemical weapons was unlikely.

THE ASSOCIATED PRESS

Foreign citizens flee unrest in Libya

Thousands evacuated in ships, planes amid deadly protests

Foreigners fled the chaos in Libya by the thousands yesterday, with Americans and Turks climbing aboard ships, Europeans boarding evacuation flights and North Africans racing to border crossings in overcrowded vans.

Two Turkish ships whisked 3,000 citizens away from the unrest engulfing Libya as Turkey cranked up its largest-ever evacuation, seeking to protect an estimated 25,000 Turkish workers in the country.

Hundreds of Americans boarded a ferry at Tripoli's As-shahab port for the journey to Malta, an island south of Italy.

More than a dozen countries sent planes to help their citizens escape an increasingly unstable situation.

Moammar Gadhafi has urged his supporters to strike back against pro-democracy protesters, escalating a crackdown that has led to widespread shooting in the streets. Nearly 300 people have been killed.

THE ASSOCIATED PRESS

BERK OZKAN/THE ASSOCIATED PRESS

▶ Hundreds of Turkish citizens in Libya wait to board a ship.

Canadians evacuated from Tripoli

A boatload of Canadians has been evacuated from Tripoli.

Dimitri Soudas, spokesman for Prime Minister Stephen Harper, sent out a tweet about the evacuation.

Meanwhile, a spokeswoman for Foreign Affairs Minister Lawrence Cannon said final arrangements have been made for an evacuation flight for Canadians today.

THE CANADIAN PRESS

Good fences make good neighbours? Not here

The al-Ghirayib family lives in one of the stranger manifestations of Israel's 43-year occupation of the West Bank: a Palestinian house inside a metal cage inside an Israeli settlement.

The family's 10 members, four of them children, can reach the house only through a 40-yard passage connecting them to the Arab village of Beit Ijza farther down a hill. The passageway goes over a road used by Israeli army jeeps and is lined on both sides with a seven-metre-high heavy-duty metal fence.

The same fence rings the simple one-storey house, separating it from the surrounding settlement houses. Some of those dwellings are so close that the family can hear the insults shouted by a nearby Jewish neighbour.

While the al-Ghirayibs' situation is unusual, Palestinians say it reflects the pressures put on their communities by Israel's West Bank settlements, which number more than 120.

The Palestinian Authority refuses to hold peace talks with Israel while settlement construction continues. The latest round of talks collapsed over the issue in September, only three weeks after it began.

SEBASTIAN SCHEINER/THE ASSOCIATED PRESS

▶ A corridor leads to the fenced-in al-Ghirayib house.

Some 500,000 Israelis live in the West Bank and east Jerusalem, occupied territories claimed by the Palestinians for a future state.

This week the Palestinians directed their anger toward the United States after it vetoed a resolution before the UN Security Council condemning the settlements as "illegal."

The U.S. said it opposes settlements, but peace talks are the only way to resolve the issues. The council's 14 other member nations voted in favour of the measure.

"The Americans have chosen to be alone in disrupting the internationally backed Palestinian efforts," Palestinian Prime Minister Salam Fayyad said.

THE ASSOCIATED PRESS

Home fence

Sadat al-Ghirayib, 30, says his father built the house in 1978 on about 27 acres of family land.

▶ **Know thy neighbours**
The settlement of Givon HaHadasha was founded in the early 1980s. Today it is home to some 1,100 Jewish settlers, some of their homes no more than two dozen steps from the al-Ghirayib home.

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See your dealer for details. ††† 8.9L/100km hwy, 12.8L/100km city (31 mpg hwy, 22 mpg city) rating for 2011 F-150 2WD SuperCrew 145" WB 3.5L EcoBoost V6 engine with 3.73 axle ratio. Actual fuel consumption will vary depending on vehicle configuration, driving habits and road conditions. See your dealer for details. ‡ Up to $7,000 Manufacturer Rebate available on select new 2011 Ford trucks. Not to be combined with other offers. Dealer may sell for less. Dealer order or trade may be necessary. See your dealer for details. Offer ends March 31, 2011. ** Offer for "Program Value" is $1,000. Value of Program Value will vary depending on vehicle purchased or leased. Program Value is not available in cash and cannot be combined with other offers. Dealer may sell for less. Dealer order or trade may be necessary. See your dealer for details. Offer ends March 31, 2011. * Offer includes $7,000 Manufacturer's Rebate and $1,550 freight & air tax. 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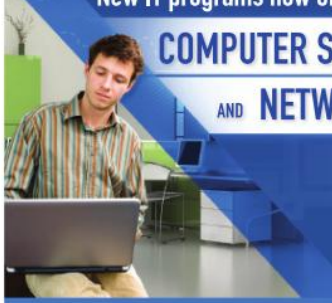

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Tough-on-crime law survives first legal fight

The ruling suggests offenders held in pre-trial custody eligible for 1½ credit, lawyer Corbin Cawkell says

A key plank in the federal Conservatives' law-and-order agenda survived a constitutional challenge yesterday as an Ontario judge ruled the government's sentencing law is valid.

The Truth in Sentencing Act, which came into effect last year, did away with the two-for-one credit offenders received for time served before their sentence.

Instead, judges must limit credit to one for one, or if circumstances justify it, up to a maximum of 1½ days credit.

Lawyers for a man who pleaded guilty to cocaine trafficking argued the law was unconstitutional because it infringes on charter rights to liberty.

"I'm hoping it will change sentencing across Canada."
CORBIN CAWKELL, LAWYER

But Ontario Court Justice Melvyn Green dismissed the challenge, ruling the law passes constitutional muster because judges have the discretion to assign credit of 1½ days.

If 1½ credit is applied, "the time served in custody by the vast majority ... detained pending their trials will very closely, if not exactly, approximate the duration of incarceration served by similarly situated offenders who have the benefit of some form of interim release before being sentenced to jail," Green said in his decision.

"Accordingly, no Charter breach is here made out," he wrote.

Crown attorney Kevin Wilson was satisfied with the decision.

The challenge was believed to be the first targeting the legislation.

Though their bid failed, defence lawyers believe the decision sets a precedent that will make 1½ credit the norm.

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Rescuers losing hope of finding quake survivors

'Grave fears' many of the missing did not survive, says New Zealand's Prime Minister John Key

[illegible]ing more survivors in the collapsed downtown towers of New Zealand's quake-shattered Christchurch, as officials said the death toll rose to 98 with grave fears for more than 200 missing.

Police said up to 120 bodies may still lie trapped in the tangled concrete and steel that was the Canterbury Television or CTV building, where dozens of students were believed buried when an English-language school collapsed.

An additional 226 people were listed as missing.

"We are very fearful tonight that the death toll could be much greater than any of us have ever feared," Prime Minister John Key said, adding that there were dozens of "international people that are caught up in this tremendous tragedy."

Rescue efforts so far had focused on the CTV building and a handful of other major office complexes that crumbled downtown, but work at those sites was shifting to the recovery of bodies while the rescue efforts fanned out further from the centre of town.

Key has declared the quake a national disaster, and analysts estimate its cost at up to $12 billion.

THE ASSOCIATED PRESS

China

China's state broadcaster says 21 Chinese students are listed as missing following New Zealand's deadly earthquake.

- CCTV says at least eight of the missing are confirmed to be buried in the collapsed Canterbury Television building where up to 120 bodies may still lie.
- Dozens of students from Japan, Thailand and other Asian countries were believed buried when the English-language school in the building was lost along with other offices.

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Rescue. Beached calf

▶ Keith Wilkins, right, and a member of the Texas Marine Mammal Stranding Network keep a 12-foot adult pygmy sperm whale stabilized yesterday in the surf on the west end of Galveston, Texas.

JENNIFER REYNOLDS/THE GALVESTON COUNTY DAILY NEWS

Strollers save stranded whale

Keith Wilkins and his daughter, Allison, of Forney, Texas, discovered the beached whale during a walk on the beach. Staff with the Texas Marine Mammal Stranding Network took the whale to the National Oceanic and Atmospheric Administration facility on the island.

Mom finds tot petting gator

After floodwaters receded from her home, a Brazilian woman was shocked to find a most unwelcome house guest: a five-foot alligator lying tamely in the living room as her three-year-old son petted the reptile's head. The animal was washed inside by the high water Monday, said Luiz Claudio Farias, a captain of firefighters in the north-central city of Parauapebas. THE ASSOCIATED PRESS

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Oil shock may stall recovery

If energy costs rise, people will have less money for other spending that creates jobs, economists say

Political crisis in the Middle East and the resulting spike in oil prices is a new and potentially serious risk to the fragile global economic recovery, economists believe.

Already troubled by a sharp rise in food prices, analysts are warning that the recovery could be stalled if oil prices rocket past $100 US a barrel and stay there for months.

They note that high oil prices have been a feature in the past three recessions, including the last one when oil hit more than $140 US..

For Canada, such an event would be both a blessing and curse, bringing greater prosperity to oil-exporting regions such as Alberta, and greater misery to manufacturing hubs Ontario and Quebec.

PAUL CHIASSON/THE CANADIAN PRESS

▶ Despite soaring oil prices, analysts say the cost to fill up should remain stable because gasoline in Canada is made from crude produced within our own borders.

The key issue is not so much how high oil will go, but how long it will stay high. "If we see a situation where oil remains over $100 for a number of months, that will definitely have an impact on consumer spending, consumer confidence," said Benjamin Tal, a senior economist with CIBC World Markets.

"Some might say a recession. I don't think so, but it will definitely slow down the economy."

THE CANADIAN PRESS

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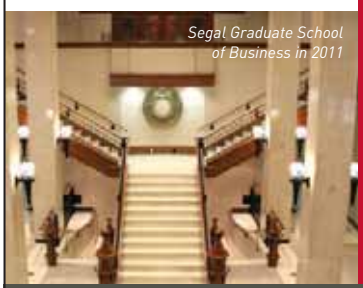
Segal Graduate School of Business in 2011

Segal Graduate School of Business

News in brief

Canadian Tire returns to web

SALES. Canadian Tire will resume selling products online this year starting with tires. The retailer had withdrawn from e-commerce saying customers were well served by its stores. The news came on the same day European-based Tire and Co. said it will begin selling tires online in Canada. **TORSTAR NEWS SERVICE**

Pay hike for TD boss

RECOVERY. The chief executive of TD Bank Group got an eight per cent raise last year, returning his salary to above pre-recession levels. Ed Clark earned $11.3 million in compensation in 2010, up from $10.5 million the year before. TD says robust performance in its retail business helped bring about a strong recovery in 2010.

THE CANADIAN PRESS

iPad — the next generation

APPLE. Apple Inc. is expected to unveil the second-generation iPad in San Francisco next week. The event on March 2 is nearly a year to the day after the first iPad went on sale.

THE ASSOCIATED PRESS

Joe Fresh takes Manhattan

NEW YORK. Joe Fresh will open its first U.S. store this fall on New York City's Fifth Avenue, says Loblaw Cos. Ltd.

THE CANADIAN PRESS

Market moment

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DEPRESSION IS NO LAUGHING MATTER

He says ...

JOHN MAZEROLLE

I think it's important to fight depression — not only to help people, but also to save us from cryptic status updates with sad song lyrics in them.

I've been there. You're convinced life is hopeless, and before long you're telling your Facebook friends that all we are is dust in the wind.

This does no good to you or your friends because some will be annoyed that you've gone emo, while others will miss your mood altogether and start a thread with comments saying, "DUDE!!! I LOVE THAT SONG!!!"

For the previous three years, I was depressed — not the kind of depression you get when you spill coffee on your laptop and sigh a lot, nor the kind where you lose a promising relationship and have a long talk with Alexander Keith.

No, it was the kind of depression where you find life big and painful and decide you should just stay in bed until there's peace in the Middle East.

At one point I literally stayed in bed for a month, save for breaks to take a shower. I was such a drag the bedbugs said, "All right, we're out of here."

I'm better now, though I still see a therapist. I've seen a few in the last three years — starting with a guy who cocked his eyebrow like a Vulcan when I said I worked in comedy. If it had been an '80s sitcom, he would have pushed the intercom button and said, "Cancel my three o'clock."

"Comedians are like country singers. If we were 100 per cent happy, we'd lose our ability to write anything. But I still wanted to be, say, 75 per cent happy ..."

Comedians are like country singers. If we were 100 per cent happy, we'd lose our ability to write anything.

But I still wanted to be, say, 75 per cent happy, so I mustered enough energy to find a friend and a job, and that nascent support system grew on its own till I felt lifted up.

Feeling better about myself, I forwent the cryptic status update recently and wrote on Facebook directly: I had been depressed, had hated myself, had gotten help, and if you feel the same way, you should get help, too.

And, much to my amazement, people did.

So, with a (hopefully) wider audience, let me say it again: If you're depressed, there is nothing to be ashamed of, any more than you would be ashamed of a broken arm. Seek help.

After all, if Facebook can be a practical force for good, there's hope for everything.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER

Worth mentioning

Happiness is a warm gun

Arizona, where a gunman killed six people last month, is moving to proclaim a state gun.

The state Senate appropriations committee voted 9-4 early yesterday to go ahead with the bill, which has 43 sponsors, the Associated Press reported.

In a state already criticized for lax gun laws, the legislators want to honour the 19th-century Colt Single Action Army revolver because it was instrumental in "settling the Arizona Territory."

On Tuesday, new photographs were released of Jared Loughner, who is accused of opening fire at a community event Jan. 8, killing six people and injuring others, including Congresswoman Gabrielle Giffords, who is recovering from a bullet to her head.

The bill notes Arizona already has a state fossil (petrified wood); a state bird (the cactus wren); a state flower (the pure white waxy flower of the Saguaro cactus); a state tree (the Palo Verde); state neckwear (the Bola tie); a state gemstone (turquoise); state animals (the ringtail, the Arizona ridgenose rattlesnake, the Arizona trout and the Arizona tree frog); a state insect (the two-tailed swallowtail butterfly); and a state nickname (the Grand Canyon State).

TORSTAR NEWS SERVICE

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Metro Minute with sexy food

The Vancouver Aquarium hosts The Science Of Sexy Food tonight.

B.C.-based researchers, chefs and scientists will explain the science behind wine, chocolate and oysters. Speakers include University of B.C. Wine Research Centre director Dr. Hennie Van Vuuren, chocolatiere Rachel Sawatzky, and B.C. Shellfish Growers Association executive director Roberta Stevenson. Chef Anthony Sedlak will moderate the evening.

The Science Of Sexy Food, part of the Year Of Science Speaker Series, begins at 7 p.m. at the Vancouver Aquarium in Stanley Park. Admission is free, but capacity is limited. Visit vanaqua.org for more info and to reserve a spot.

SUNHO CHOI

▶ The Vancouver Aquarium will host The Science Of Sexy Food tonight.

East Van Strings has a touch of Arabia

▶ East Van Strings perform as part of this weekend's Winterruption festival at Granville Island.

BACKSTAGE PASS

GRAEME MCRANOR
METRO VANCOUVER

Gord Grdina just might be the best guitarist in Vancouver. And his four-piece East Van Strings project could be the best band playing shows under the glow of its neighbourhood's much-talked about neon cross.

"I don't think 'best' is a good word to be using when talking about art," he says, chuckling, on the line from a tour stop in Ottawa. "But I appreciate the sentiment."

Unlike Ken Lum's badass beacon of right-onness, you can't spot Grdina from space — OK, Science World — but you can see him perform at various venues around town on an ongoing basis in one of his five out-of-this-world bands: Box Cutter, Sangha, Think Like the Waves, the Gordon Grdina Trio and, of course, the aforementioned East Van Strings.

In fact, you can catch the latter — a guitar/oud, violin, viola and cello outfit inspired by Bartok, Berg and Taqasim, an improvisational style of Arabic music — as part of the musical component of this weekend's sixth annual Winterruption festival at Granville Island (granvilleisland.com).

Grdina says that since its inception, the band — which also features Peggy Lee, Jesse Zubot and Eyvind Kand — has developed on its own, influenced by the unique personality of each member.

"When it started out there wasn't much of an Eastern influence, and then it started getting more influenced by everything the musicians are … and through improv these ideas get floated around and it becomes a big angry mix of music," he said.

East Van Strings performs Sunday (12:30 p.m. – 1:30 p.m., free admission) at Performance Works.

Going Coastal with music

Presented by the Coastal Jazz and Blues Society, the musical portion of Winterruption runs from tomorrow evening to Sunday and features two ticketed shows.

Current Swell and Hayley Sales and the Zolas with special guest Maurice. There are also a sextet of free shows, including Carsick, the Crackling and the superbly named Debra-Jean and the Means.

GRAEME MCRANOR

Sculpture exhibit worth a visit

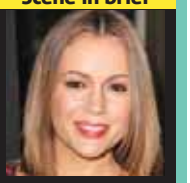
There are plenty of other things to take in this weekend at Granville Island, including the Sculptural Exhibition: Trees, Totems and Transformation, by Haida carver Clarence Mills and i.e. creative artists Cheryl Hamilton and Michael Vandermeer.

And if you have little ones there will be several performances and activities to keep your kids entertained.

GRAEME MCRANOR

2 scene

Scene in brief



Alyssa Milano is becoming a mom. A spokeswoman for Milano says the 38-year-old actress is expecting her first child with husband David Bugliari. Milano starred in TV's Who's the Boss? and Charmed.
THE ASSOCIATED PRESS

Flashpoint, Less Than Kind, Barney's Version vie for screenwriting awards

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Talking points

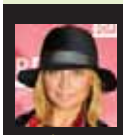
Lovato back with Wilmer

RELATIONSHIPS. Fresh out of treatment for "emotional and physical issues," Demi Lovato has found a new source of support in former flame and That 70s Show star Wilmer Valderrama, according to Hollyscoop.

The pair has been spotted several times over the last couple of weeks. METRO

Celebrity tweets

Bob Saget [@bobsaget] If a woman throws a glass of water in your face, it is not an insult... as long as your face was on fire.



Nicole Richie [@nicolerichie] Same outfit 2 nights in a row. 2 different crowds, no one will ever notice... except I just twittered it. METRO

Jesse James to pen marriage memoirs

Former husband to Sandra Bullock insists there is a story to be told

Jesse James has signed a deal with Simon & Schuster to publish a tell-all memoir about the demise of his marriage to Sandra Bullock, according to Popeater.

"Jesse has made it clear to his publisher that he has a story that has not been told yet," a source says. "He wants to reveal to America once and for all that you can't blame one person when a marriage falls apart. It takes two people to make a marriage and two people to destroy one."

James' marriage collapsed after it was discovered he'd been cheating on the Oscar-winning actress.

"He's not looking to blame the victim," the source says. METRO

▶ Jesse James says it takes two to destroy a marriage.

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Lainey's Oscar file

BEST ACTRESS: MICHELLE WILLIAMS

BLUE VALENTINE

LAINEY, ETALK CORRESPONDENT AND AUTHOR OF LAINEYGOSSIP.COM

Single mother Williams often reads to her daughter, Matilda, in different accents according to the roles she's preparing for in upcoming projects.

She used a Boston accent while working on Shutter Island and even read to Matilda as Marilyn Monroe when she recently played the icon in her next film My Week With Marilyn.

THE 83RD ANNUAL ACADEMY AWARDS AIR LIVE SUNDAY AT 8:30 P.M. ET ON CTV. CANADA'S OFFICIAL RED CARPET SPECIAL ETALK AT THE OSCARS AIRS ON CTV (6:30 P.M. ET), /A\ (6:30 P.M. ET) AND E! (8 P.M. ET). VISIT CTV.CA FOR LOCAL BROADCAST DETAILS. CTV COVERS THE OSCARS FROM EVERY ANGLE, BRINGING VIEWERS MORE THAN 15 HOURS OF OSCARS ACTION ACROSS CTV, E! AND /A\.

2 London calling!

LFW'S MOST INNOVATIVE

- British catwalks were invaded this February as London Fashion Week swept through the Square Mile
- Take in four fashionista favourites

CHRISTOPHER KANE
Plastic dresses

Christopher Kane pushed boundaries by creating leather tops dyed and printed to mimic the crochet knit skirts and cardigans they were worn with. But the real standouts were his dresses and clutch purses made out of plastic filled with squishy technicolor liquid. He also used it as decorative accents on tailored trousers and at the neckline on knit dresses.

CHRISTOPHER BAILEY
Plastic capes

Under a shower of real snow, Christopher Bailey sent models down the runway in clear, cropped plastic capes with pert, black trim as the grande finale to his '60s inspired show. They were not only chic, but practical, letting you show off your outfit while staying dry. METRO

IAN GAVAN/GETTY IMAGES

GETTY IMAGES

VIVIENNE WESTWOOD RED LABEL

Held in the Royal Courts of Justice, Vivienne Westwood's punky show featured her mad sense of draping with a wild mix of plaids, pinstripes and colourblocking. But look hard enough at her densely layered ensembles and you'll see some of the most wearable pieces she's shown in quite some time: tailored wide leg trousers for the business meetings, a sexy, off-the-shoulder gold brocade dress for that cocktail gathering and a belted, faux-fur collared cardigan for those Saturdays at the market.

KENYA HUNT

GETTY IMAGES

ACNE

"I am fascinated with the girls in my design studio," said Acne founder Jonny Johansson on his inspiration for his autumn/winter 2011 collection. "My girls are glamorous, but not rich – they are cool." Acne took ideas that sounded over-the-top on paper — gold and silver colour blocked leather trousers, for instance — and rendered them in an understated, clean and modern way. These were luxurious, but unassuming clothes that you can work in from the dusty rose slouchy leather jumpsuits to his goldenrod tailored wool coats.

KENYA HUNT

GETTY IMAGES

MULBERRY

Go-to heritage brand Mulberry looked to the fitting surroundings of the countryside and the traditional British pursuits of shooting, fishing and hunting. The colour palette was autumnal and quaintly English in soft grey, russet and shades of purple – all very practical for a country jaunt. Quilted jackets, macs and shearling sheepskin gilets were nonchalantly thrown over anything and everything from silk blouses, culottes and wool trousers through to eveningwear – it's a style that the posh set do so well.

RICHARD PECKETT

GETTY IMAGES

ALICE TEMPERLEY

Back in London after a two-year stint in New York and celebrating her 10-year anniversary, Alice Temperley transformed the British Museum into the "Temple of Temperley." Models made a sweeping entrance as they showcased the dramatic and decorative inspiration of the collection, the unraveling Venetian fans. Based on a nude palette of cream, champagne and mink, day wear focused on intricately stitched full skirts and silk twill dresses brought to life with bold digital prints. Undertones of cinnamon, gold specks and Venetian red gave off just the right amount of sparkle.

ROMINA MCGUINNESS

3 life

The inescapable Adele

Fashion month is turning into a game of count the Adele songs. We heard her single Rolling in the Deep, playing at Cynthia Rowley, Costello Tagliapietra and Charlotte Ronson in New York. And her voice surfaced again at Burberry Prorsum in London —this time it was the unreleased track Someone Like You.

METRO

Vogue editor, museum curators pay tribute to McQueen at London Fashion Week

Fashion reviews decoded

You love to look at the clothes, but deciphering the fashion show critiques is another matter altogether...

LOUIS MONOYUDIS
LIFE@METRONEWS.CA

Even fashion show reviews are notoriously hard to understand. Editors seem to write for other fashion editors, one-upping each other with insider descriptions that leave all but the most devoted fashion followers wondering what to make of them.

So in an effort to get you comfortable with this month's onslaught of runway coverage, we've come up with this handy little pocket translation. Rip it out, put it in your wallet and refer to it often.

"But it was a repetitive show, the concepts not really new, and there is a limit to the appeal of sand, especially when you're stuck in it."
THE NEW YORK TIMES ON DONNA KARAN.

What it means: "Please do something new already!"

▶ Donna Karan

"If a fashion designer whispers with an elegantly cut jacket or an easy linen dress, he or she is briskly shouted down here by aficionados of sequins, doodads and baubles."
THE WASHINGTON POST ON THE MILAN SHOWS

What it means: "The Milanese think the collections with subtle details and soft colours are a tired bore compared to the sexy shows with all the sparkle and sass."

"If irony is the thread that runs through modern fashion, then the Chanel cardigan jacket is the eye of the needle."
THE NEW YORK TIMES ON CHANEL

What it means: "Everyone is doing their own version of the classic Chanel cardigan jacket — even Chanel!"

A FASHION LINGO CHEAT SHEET

Do you know your bias-cut from your degradé? No? Then this little guide is for you.

- **Directional** A collection that points to the way forward. It signals what we might expect to see in future fashion trends.
- **Bias-cut** When the fabric is cut against its natural grain so that the material falls vertically, creating a body-conscious silhouette.
- **Leg-of-mutton sleeves** A sleeve in which the fabric billows outward at the shoulder and then narrows to form a snug fit between the elbow and wrist.
- **Midi-length** A skirt length that falls to the middle of the calf.
- **Maxi skirt** A skirt that grazes the ankle or the floor.

METRO

"By show's end, that vision turned flaxen in an ode to the California gold rush that read more gladiator than Wild West."
WOMEN'S WEAR DAILY ON RODARTE

What it means: "The use of gold on the clothes made the girls look more like Spartan whores than Wild West cowgirls."

▶ Rodarte

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Sofas are very important to the living room, yet so many people end up choosing the wrong one

Ruling the room

ISTOCK

▶ When choosing a sofa, ask yourself what its primary use will be. This one looks perfect for lying down on in front of the TV.

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

The sofa is arguably the most important piece of furniture in the living room — one that most people get wrong when choosing style, size and fabric.

The first thing you must decide is how you are going to use your sofa. Will the sofa be used for entertaining with cocktails, slumbering to watch television or used as an occasional bed for overnight guests?

All of these questions help to define a style that best suits the way you will live with your sofa.

The biggest mistake that people make when buying a sofa is that they buy the wrong size/scale for the space they are putting it in.

"The rule" for purchasing a sofa is that it should be no longer than two-thirds of the width of the room.

SUBMITTED

▶ The Fleur Sofa is the perfect-scaled sofa, versatile in its traditional or modern look. Available at sears.ca

This means that if you have a 10-foot by 20-foot room, the sofa should be no larger than two-thirds of 10 feet (6-foot-4 inches).

By making sure the sofa fits along both walls (the "width" wall and the "length" wall), you'll be able to move your furniture around more easily.

The "two-thirds rule" also ensures that you will have space for end tables alongside your sofa.

I suggest rather than purchasing a sectional style sofa, invest in two sofas — sectionals typically only fit in one area of a room, whereas two sofas will give you optimum flexibility to move your furniture around.

If you need lots of seating on a smaller sized sofa then avoid sofas with large, bulky arms.

These arms take up space that could be used for seating.

Tight-back sofas are the most space-efficient, as opposed to deeper sofas, which take up extra space because of their large cushions. If you are trying to make your living room look larger, consider purchasing a sofa that is set up in such a way so that you can see underneath it when it is in your living room. An exposed decorative leg style might be better than a skirted base.

The ability to see under the sofa will seemingly elongate the room.

If there is a need to have a sleeper sofa, then keep in mind that they are always much deeper in size. The extra depth is used to contain the pull-out mechanisms. Also consider adding an electric blow up mattress on top of the pull out. This is an inexpensive way to give your guests an incredibly comfortable night's sleep.

When choosing upholstery fabrics for your sofa, ask yourself this question: Is this the fabric I want to look at for the next 10 years?

Bedroom renovation 101

JACKIE MORRA
NEWS CANADA

Getting started on a new renovation or decorating project is not as difficult as it seems if you follow the process I used for my own bedroom renovation.

How do I decide on flooring?

The floor area sets the tone and feel, and is the second largest space next to the walls.

Research the right product for your lifestyle.

The key to longevity is to take into consideration quality, the look you want and installation.

The flooring used in my bedroom renovation, for instance, is Torlys cork plank, vintage block chai.

It was actually the inspiration for this space because I fell in love with the comfort, warmth and the many environmental benefits of the floor.

More information is available online at torlys.com.

How do I coordinate fabrics?

Fabrics need to complement each other and not compete in terms of colour, pattern and scale in order to balance furnishings and style without being visually distracting. Try to choose all fabrics within a space at the same time.

How do I choose and display accessories?

If you don't love it, live without it.

Accessories should be a reflection of your personality or style.

Group accessories in odd numbers, preferably in threes, while varying the height of objects.

Pillows, artwork, lighting and treasured pieces add a finishing touch and can be easily updated.

What is the right placement and size for artwork?

Hang artwork 60 inches from the floor to the centre of the art.

For hallways and stairs use 65 inches. Artwork over a bed or piece of furniture should be 2/3 of the overall width and not higher than 8 inches from the furniture.

Where do I hang drapery hardware?

Drapery hardware should be mounted at least 2 inches above the window frame.

Drapery panels should extend 12 to 18 inches on either side of the window to maximize the light and viewing area.

How many light sources do I need in a room?

Ideally there should be three lights in a room.

This can include overhead, functional/ task, and mood lighting.

In a dining room, the fixture should hang 30 inches above the table and be at least ½ of the table's width.

NEWS CANADA

▶ Jackie's inspiration for her bedroom renovation was the Torlys cork floor.

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Get the look of Venetian plaster

Here's how to get an old-world look that will be the envy of all your friends

DIY IDEAS

Venetian plaster is a highly durable faux finish that resembles polished marble and has a look of luxury envied by royalty, but achievable by any do-it-yourselfer.

DIY Network Canada's House Crashers (airing Wednesdays at 9 p.m. ET/PT and 9:30 p.m. ET/PT) offers a step-by-step guide to the art of Venetian plastering.

Step 1: Prepare the wall
If your walls have a high-gloss finish, sand them lightly with fine-grit sandpaper to dull the finish.

Vacuum the dust and then, using warm water and soap, wipe down every inch of the area you wish to plaster.

Step 2: First coat
To apply the plaster, use a trowel hand tool. Holding the trowel at a 20- to 30-degree angle, put a small amount of plaster on the wall and spread it around in a wide, circular motion. Continuing with the same application method, cover the entire wall with a thin coating. Wipe the trowel clean every few minutes to ensure dried pieces of plaster don't scratch the wall.

Step 3: Wait it out
Allow the first coat of plaster to dry for at least four hours, or until the plaster has lightened from its original hue.

Step 4: Second coat
To apply the second coat, hold the trowel at a 90-degree angle and, instead of big sweeping movements, make smaller circles. Apply more pressure with the trowel to achieve a smoother finish. Fill in any missed areas and allow the coat to dry for an hour.

Step 5: Add the shine
Using steel wool, rub the plaster to give it a shine. Keep an even pressure to assure that the gloss is evenly distributed. Use a moist cloth to wipe down the entire wall to get rid of dust and other plaster particles.

Step 6: The finishing touch
Apply a thin layer of Venetian plaster acrylic top coat with the trowel. Burnish the top coat using the steel wool and wipe the surface down with a dry cloth.

HOUSE CRASHERS AIRS WEDNESDAYS AT 9 P.M. ET/PT AND 9:30 P.M. ET/PT ON DIY NETWORK CANADA.

ISTOCK

ISTOCK

▶ Venetian plaster treatments, like the two pictured here, can help make any wall in your home look unique.

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Homes magazines get a facelift

Luxury home magazines that provide readers with a peek inside some of the swankiest, most interesting abodes around the world are getting a freshening up — from new editors to new approaches to technology.

The venerable Architectural Digest, which slipped from its position as ad-page leader in recent years, has a new editor. Elle Decor, defending its position at the top of the heap, has witty new columns and vibrant features. Traditional Home has a new publisher and launched a digital version called TradHome. The list goes on.

The economy had a role in this. The magazines — like the rest of the publishing world and the country in general — took a hit when the economy tanked a few years ago. Advertising plunged, designers lost work and no one was buying anything, let alone a $6 magazine advertising a $2,200 pair of sheets.

AP PHOTO/ARCHITECTURAL DIGEST

Many magazines folded, from the upstart Domino to Martha Stewart's Blueprint. The ones that emerged are sinewy and focused, aiming to stay squarely in the centre of the design dialogue.

"I feel it coming back," said Ann Maine, editor of Traditional Home. "I see it at trade shows — there is more attendance, more buying."

Advertising is on the upswing. In 2010, Elle Decor had 1,121 pages of ads, up from 832 the year before. AD had 837, up from 791. House Beautiful was 710, up from 650, according to Mediamark Research Inc.

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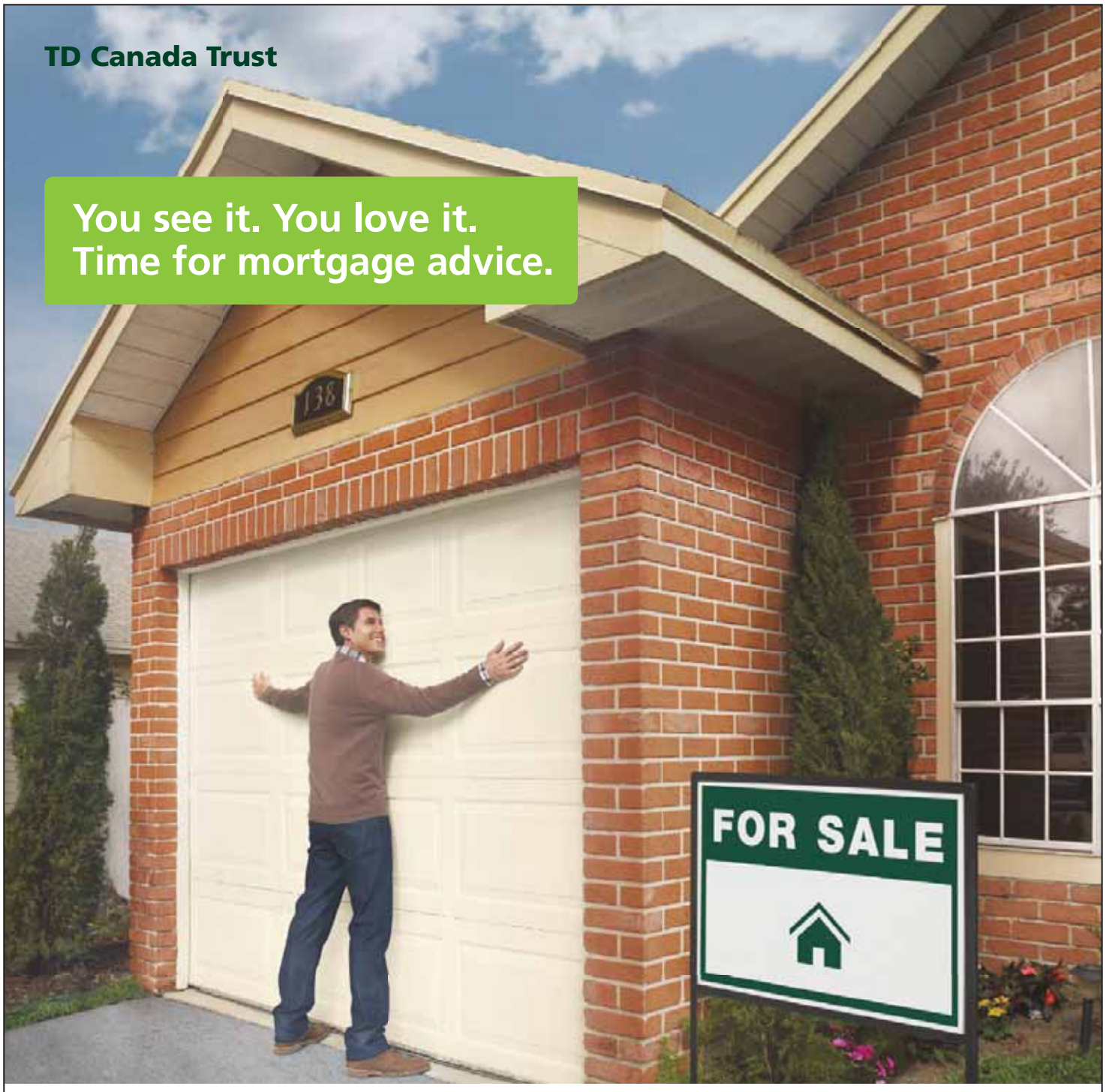

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A hint of Mardi Gras with a healthy twist

These Creole-style red bean burritos use flavours of the Gulf Coast Replace the meat with vegetables

One of appealing things about a burrito is that a range of ingredients can be rolled into one package.

But other less desirable surprises also can lurk inside delicious burritos, especially all those extra fat and calories.

These Creole-style burritos, inspired by the flavours of the Gulf coast, take only about 35 minutes to make and are built with ingredients that make them a lot less fattening

First off, they're vegetarian, eliminating one of the chief culprits behind gut-busting burritos — fatty meat fillings such as beef and pork.

Here, red beans and rice, a Louisiana favourite, bring the heft and some protein to the party. Vegetables make up the rest of this Mardi Gras-inspired wrap. Although this recipe calls for a frozen onion and red pepper stir-fry mix, you can cut up fresh ones at home. A handful of baby spinach adds more colour and nutrients.

And of course, no burrito would be complete without some cheese. We've kept things light by blending full-flavoured, full-fat pepper jack cheese with some lower calorie reduced-fat cheddar. Last but not least, we wrap everything up in a whole-wheat tortilla.

Preparation:

1. Heat oven to 180 C (350 F).
2. Cook beans and rice according to package directions, substituting broth for the water called for.
3. Meanwhile, in a small bowl, toss together both cheeses. Set aside.
4. In a large skillet over medium-high, combine pepper and onion mix with Cajun seasoning. Cook, stirring often, until vegetables are dry, about 5 minutes. Set aside.
5. Sprinkle 50 ml (1/4 cup) of the cheese blend over each tortilla; there will be about 125 ml (1/2 cup) remaining.
6. Spoon about 75 ml (1/3 cup) of the rice and beans over the bottom two-thirds of each tortilla. Spread about 75 ml (1/3 cup) of the pepper-onion mix over the rice. Pile some of the baby spinach on top of the peppers. Fold in 2 sides of each tortilla and roll up. Arrange burritos, seam side down, in a baking dish. Top each with salsa and some of the remaining cheese.
7. Bake burritos for 15 to 20 minutes or until heated through and cheese is melted.

THE ASSOCIATED PRESS

Ingredients:

- 1 pkg (250 g/8 oz) red beans and rice mix
- 750 ml (3 cups) low-sodium chicken broth
- 250 ml (1 cup) grated pepper jack cheese
- 250 ml (1 cup) grated reduced-fat cheddar cheese
- 1 pkg (500 g/1 lb) pepper and onion stir-fry mix, thawed
- 2 ml (1/2 tsp) Cajun seasoning
- 6 burrito-size whole-grain tortillas
- 500 ml (2 cups) fresh baby spinach
- 175 ml (3/4 cup) salsa

LARRY CROWE/ THE ASSOCIATED PRESS

▶ These burritos skip the meat in favour of red beans and vegetables.

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Panama 7 Nights 4-Star from $687 + taxes & fees $270

Vacations

Dubai Air + 8 Nights from $1168 + taxes & fees $283
INCLUDES central accom close to Jumeriah Beach.

Shanghai & Beijing Air + 8 Nights 4-Star from $1298 + taxes & fees $376
INCLUDES air into Shanghai, return from Beijing, 4 nights central Shanghai accom & 4 nights central Beijing accom.

Cook Islands Air + 12 Nights 4-Star from $1699 + taxes & fees $356
INCLUDES 4-star beach resort accom.

USA

Anaheim Family Special Air + 4 Nights from $278◊ + taxes & fees $106
INCLUDES accom near theme parks. Price is per person based on a family of 4. ADD 4-day *Disneyland* Resort *Park Hopper* Bonus Ticket from $179 per adult / $159 per child.

Las Vegas Air + 3 Nights from $219 + taxes & fees $110
INCLUDES accom on the Strip. ADD helicopter tour from $87.

Orlando Family Special Air + 7 Nights from $459◊ + taxes & fees $118
INCLUDES accom near theme parks. Price is per person based on a family of 4. ADD 5-day *Walt Disney World* Resort *Magic Your Way* Base Ticket from $259 per adult / $234 per child.

Scottsdale Air + 4 Nights from $559 + taxes & fees $111
INCLUDES accom in the heart of Scottsdale. ADD Grand Canyon via Sedona from $159.

Oahu & Maui Air + 7 Nights from $1089 + taxes & fees $139
INCLUDES air to Honolulu, return from Maui with inter-island connector air, 4 nights Waikiki accom & 3 nights Maui accom. ADD Honolulu surf lesson from $59.

Easter Vacations

Whistler 3 Nights 4-Star from $99◊ taxes and fees included
INCLUDES pet-friendly, Whistler Village accom with fully equipped kitchen. Price per person based on family of 4. ADD zip lining tour from $54.

Victoria 3 Nights from $168 taxes and fees included
INCLUDES accom close to Victoria's Inner Harbour.

Tofino 3 Nights from $249 taxes and fees included
INCLUDES accom in the heart of Clayoquot Sound over Easter Weekend. ADD Tofino whale watching tour from $124.

Toronto Air + 4 Nights 4-Star from $689 + taxes & fees $170
INCLUDES accom inside Rogers Centre, close to attractions and entertainment. ADD Niagara Falls daytrip from $145.

Cruise

Alaska 7-Night Cruise from $801 + taxes & fees $100
CRUISE roundtrip Seattle and visit Ketchikan, Tracy Arm Fjord, Juneau, Skagway & Victoria.

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Conditions apply. Ex: Vancouver. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive packages include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price per person for quad occupancy (2 adults & 2 children ages 2-17). †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. BC REG: #HO2790

Anthony embraces challenges

Carmelo Anthony believes it takes a certain kind of person to deal with New York — and he's the one.

"I've been through so much in my short career so far, so for me to deal with you guys on a daily basis, I think it's easy," the all-star forward told reporters at a packed news conference yesterday before his first game with the Knicks.

"Is it going to be an easy transition for me? No. Is it going to be a lot of challenges? Yes. Is it going to be a lot of expectations? Yes. But I'm willing to accept all of them challenges."

The Knicks picked up Anthony from the Nuggets Tuesday in a three-team, 13-player deal with Denver and Minnesota. Hours before his debut against Milwaukee, Anthony arrived at Madison Square Garden to get some shots in.

"It didn't really sink in yet — the fact that I'm a New York Knick. I feel like I'm still dreaming right now," he said.

Anthony, who signed a $65-million US, three-year extension before the deal was completed, will join fellow all-star Amare Stoudemire in the frontcourt.

THE ASSOCIATED PRESS

CHRIS TROTMAN/GETTY IMAGES

▶ Carmelo Anthony is introduced as a Knick yesterday.

After missing on Melo, Nets trade for Deron

Jazz guard biggest name moved on day before NBA trade deadline

The New Jersey Nets finally landed a big-name all-star on a wild day before the trading deadline that left several NBA teams with hard-to-recognize rosters.

The Jazz sent point guard Deron Williams to New Jersey, which stole some attention from the neighbouring Knicks yesterday with Carmelo Anthony making his New York debut that night. Utah received rookie Derrick Favours and point guard Devin Harris.

The Nets also picked up Brandan Wright and Dan Gadzuric from the Golden State Warriors for Troy Murphy, a move that could help New Jersey clear salary space at the end of the season.

The struggling Atlanta Hawks acquired guard Kirk Hinrich from Washington in a five-player trade, upgrading their backcourt for the playoff run. The Hawks also received forward Hilton Armstrong for guard Mike Bibby, rookie guard Jordan Crawford, swingman Maurice Evans and a first-round pick in this year's draft.

The Hornets and Kings agreed on a trade sending forward Carl Landry to New Orleans in exchange for shooting guard Marcus Thornton and cash. The deal gives the playoff-contending Hornets depth in the frontcourt, but at the cost of a popular former LSU star who can score in a flurry.

The Jazz also will receive the Nets' first-round pick in 2011, which could be a lottery pick, along with cash and Golden State's 2012 first-round draft pick.

The deal came two days after the Nets failed to land Anthony from Denver.

THE ASSOCIATED PRESS

CHRISTIAN PETERSEN/GETTY IMAGES

▶ Deron Williams was traded to the Nets yesterday.

4 sports

Canucks preview

Blues at Canucks
7 p.m.
TV: SNet-P
Radio: AM 1040

The Blues (26-24-9) find themselves in the Central Division basement but they have been dangerous with the man advantage of late, scoring at least one power-play goal in their past six games.

The Canucks (38-14-9) are coming off a loss to Montreal and will be facing a team that has played them tough — St. Louis has two wins over Vancouver this season.

THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	60	39	15	3	3	198	152	84	19-8-1-2	20-7-2-1	6-3-1-0	L1
d-Tampa Bay	60	35	18	3	4	187	188	77	20-7-1-3	15-11-2-1	5-3-0-2	W1
d-Boston	60	34	19	2	5	188	145	75	15-12-1-2	19-7-1-3	5-5-0-0	W3
Pittsburgh	62	36	20	3	3	180	150	78	20-11-2-0	16-9-1-3	3-5-1-1	L3
Washington	61	32	19	5	5	165	153	74	17-7-2-5	15-12-3-0	5-4-0-1	W2
Montreal	61	32	22	4	3	157	156	71	19-7-3-3	13-15-1-0	4-4-0-2	W1
NY Rangers	62	32	26	2	2	172	155	68	14-14-1-2	18-12-1-0	3-6-0-1	W1
Carolina	61	28	24	4	5	177	188	65	15-10-1-2	13-14-3-3	3-4-2-1	L2
Buffalo	59	28	25	6	0	170	172	62	13-15-2-0	15-10-4-0	5-4-1-0	W1
Atlanta	61	25	26	4	6	174	201	60	13-12-1-4	12-14-3-2	2-7-1-0	L4
Toronto	60	26	27	3	4	152	180	59	14-11-3-3	12-16-0-1	6-2-1-1	W1
Florida	60	25	28	3	4	156	168	57	12-11-3-3	13-17-0-1	3-6-1-0	L2
New Jersey	60	26	30	3	1	129	161	56	13-13-2-1	13-17-0-1	9-0-1-0	W8
NY Islanders	61	23	31	3	4	167	198	53	12-14-1-3	11-17-2-1	7-3-0-0	L1
Ottawa	60	20	31	5	4	137	195	49	10-16-2-3	10-15-3-1	3-6-0-1	W2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	61	38	14	4	5	204	145	85	21-5-1-4	17-9-3-1	6-4-0-0	L1
d-Detroit	60	37	17	4	2	202	173	80	17-9-3-1	20-8-1-1	6-4-0-0	L1
d-San Jose	62	35	21	4	2	174	159	76	15-10-2-1	20-11-2-1	9-1-0-0	W5
Phoenix	62	33	20	6	3	178	177	75	15-10-3-2	18-10-3-1	8-2-0-0	L1
Los Angeles	60	33	23	2	2	166	144	70	17-9-1-0	16-14-1-2	6-1-1-2	W1
Minnesota	60	32	22	1	5	158	156	70	16-12-0-3	16-10-1-2	6-3-0-1	W1
Nashville	60	31	21	5	3	156	143	70	14-6-4-3	17-15-1-0	4-4-1-1	L2
Calgary	62	31	23	3	5	186	178	70	18-10-1-2	13-13-2-3	6-2-1-1	L1
Chicago	60	31	23	2	4	191	169	68	18-14-0-0	13-9-3-3	5-3-0-2	W2
Dallas	60	31	23	2	4	164	172	68	17-9-2-3	14-14-0-1	1-8-1-0	L5
Anaheim	61	32	25	2	2	171	181	68	17-10-0-1	15-15-2-1	5-5-0-0	L4
Columbus	59	30	23	3	3	163	175	66	15-13-0-2	15-10-3-1	6-3-0-1	W2
St. Louis	59	27	23	4	5	166	176	63	18-10-1-3	9-13-3-2	5-3-1-1	L2
Colorado	61	26	28	7	0	178	210	59	14-15-4-0	12-13-3-0	1-8-1-0	L1
Edmonton	61	20	33	1	7	156	203	48	10-17-1-3	10-16-1-3	5-5-0-0	W1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Buffalo 4 Atlanta 1
Ottawa 5 Florida 1
San Jose 3 Pittsburgh 2 (OT)
Tampa Bay 8 Phoenix 3
Edmonton 5 Colorado 1
Los Angeles 3 Anaheim 2

Tuesday's results
Montreal 3 Vancouver 2
Toronto 2 N.Y. Islanders 1
Boston 3 Calgary 1
Minnesota 4 Edmonton 1
Colorado 4 St. Louis 3
Columbus 4 Nashville 0
New Jersey 1 Dallas 0
N.Y. Rangers 4 Carolina 3 (SO)
Phoenix 3 Philadelphia 2 (OT)
San Jose 4 Detroit 3

Tonight's games
(All times Eastern)
N.Y. Islanders at Philadelphia, 7 p.m.
Dallas at Detroit, 7 p.m.
Toronto at Montreal, 7:30 p.m.
Chicago at Nashville, 8 p.m.
St. Louis at Vancouver, 10 p.m.
Minnesota at Los Angeles, 10:30 p.m.

SENATORS 5, PANTHERS 1

First Period
1. Ottawa, Butler 4 (Greening, Foligno) 11:13
Penalties — Hordichuk Fla, Lessard Ott (fighting) 2:49, Stillman Fla (interference) 4:08, Skille Fla (hooking) 6:12, Benoit Ott (holding) 8:07, Kovalev Ott (high-sticking) 15:23, Carkner Ott (tripping) 16:28, Olesz Fla (holding) 19:28.
Second Period
2. Ottawa, Shannon 6 (Spezza, Kuba) 0:36 (pp)
3. Florida, Higgins 11 (Clemmensen) 4:18
4. Ottawa, Butler 5, 10:38
Penalty — Carkner Ott (roughing) 4:38.
Third Period
5. Ottawa, Michalek 15 (Carkner, Spezza) 16:49
6. Ottawa, Spezza 11 (Shannon, Kuba) 18:38
Penalties — Dvorak Fla (tripping) 1:19, Clemmensen Fla (delay of game, served by Booth) 6:03, Smith Ott (high-sticking) 11:31, Ellerby Fla (tripping) 13:41.
Shots

Florida	7	9	8—24
Ottawa	11	8	15—34

Goal — Florida: Clemmensen (L,6-6-3); Ottawa: Anderson (W,15-15-3). **Power plays (goals-chances)** — Florida: 0-5; Ottawa: 1-6.
Att. — 16,520 (19,153) at Ottawa.

OILERS 5, AVALANCHE 1

First Period
1. Edmonton, Penner 21 (Horcoff, Hemsky) 14:17 (pp)
Penalty — Porter Col (high-sticking) 13:48.
Second Period
2. Edmonton, Gagner 13 (Paajarvi, R.Jones) 7:08
3. Edmonton, Hall 21 (Eberle, Gilbert) 15:49 (pp)
4. Colorado, Hejduk 19 (Duchene, Liles) 17:36 (pp)
Penalties — Peckham Edm (hooking) 7:46, Horcoff Edm (hooking) 10:24, Dupuis Col (roughing) 14:09, Vandermeer Edm (cross-checking) 16:32.
Third Period
5. Edmonton, Eberle 14 (Cogliano, Peckham) 11:08
6. Edmonton, Foster 5 (Gilbert, Hall) 12:55
Penalties — Eberle Edm (hooking) 1:55, McLeod Col (high-sticking) 14:44.
Shots

Edmonton	3	13	15—31
Colorado	13	16	10—39

Goal — Edmonton: Dubnyk (W,8-7-6); Colorado: B.Elliott (L,13-20-8). **Power plays (goals-chances)** — Edmonton: 2-3; Colorado: 1-4.
Att. — 14,801 (18,007) at Denver.

SCORING LEADERS

	G	A	PT
D.Sedin, Vcr	32	46	78
Stamkos, TB	40	35	75
H.Sedin, Vcr	15	58	73
St. Louis, TB	20	49	69
Crosby, Pgh	32	34	66
Perry, Ana	30	36	66
Zetterberg, Det	18	48	66
B.Richards, Dal	24	39	63
Ovechkin, Wash	24	38	62
E.Staal, Car	27	31	58
Iginla, Cal	25	33	58
Kesler, Vcr	33	24	57
Nash, Clb	29	26	55
Giroux, Pha	21	34	55
Toews, Chi	20	35	55

Not including last night's games

CRICKET

WORLD CUP

Group A

	MP	W	T	L	Pt
Australia	1	1	0	0	2
New Zealand	1	1	0	0	2
Pakistan	1	1	0	0	2
Sri Lanka	1	1	0	0	2
Canada	**1**	**0**	**0**	**1**	**0**
Zimbabwe	1	0	0	1	0
Kenya	2	0	0	2	0

Group B

	MP	W	T	L	Pt
England	1	1	0	0	2
India	1	1	0	0	2
Ireland	0	0	0	0	0
South Africa	0	0	0	0	0
West Indies	0	0	0	0	0
Bangladesh	1	0	0	1	0
Netherlands	1	0	0	1	0

Yesterday's result
At Hambantota, Sri Lanka
Pakistan (317 for seven) def. Kenya (112, all out) by 205 runs.

GOLF

MATCH PLAY CHAMPIONSHIP

At Marana, Ariz.
First Round
Seeds in Parentheses
Stewart Cink (53), U.S., def. Ian Poulter (12), England, 19 holes.
Y.E. Yang (44), South Korea, def. Alvaro Quiros (21), Spain, 20 holes.
Ernie Els (11), South Africa, def. Jeff Overton (54), 19 holes.
J.B. Holmes (22), U.S., def. Camilo Villegas (43), Colombia, 4 and 2.
Luke Donald (9), England, def. Charley Hoffman (56), U.S., 6 and 5.
Edoardo Molinari (24), Italy, def. Martin Laird (41), Scotland, 3 and 2.
Ryan Palmer (55), U.S., def. Jim Furyk (10), U.S., 2 up.
Miguel Angel Jimenez (23), Spain, def. Yuta Ikeda (42), Japan, 2 and 1.
Graeme McDowell (5), Northern Ireland, def. Heath Slocum (60), U.S., 4 and 3.
Ross Fisher (37), England, def. Robert Allenby (28), Australia, 4 and 3.
Paul Casey (6), England, def. Richard Green (59), Australia, 19 holes.
Jason Day (38), Australia, def. K.T. Kim (27), South Korea, 3 and 2.
Matteo Manassero (57), Italy, def. Steve Stricker (8), U.S., 2 and 1.
Charl Schwartzel (25), South Africa, def. Ryo Ishikawa (40), Japan, 20 holes.
Rory McIlroy (7), Northern Ireland, def. Jonathan Byrd (58), U.S., 4 and 2.
Ben Crane (39), U.S., def. Adam Scott (26), Australia, 4 and 2.
Matt Kuchar (13), U.S., def. Anders Hansen (52), Denmark, 22 holes.
Bo Van Pelt (45), U.S., def. Louis Oosthuizen (20), South Africa, 2 up.
Mark Wilson (51), U.S., def. Dustin Johnson (14), U.S., 19 holes.
Bubba Watson (19), U.S., def. Bill Haas (46), U.S., 3 and 2.
K.J. Choi (49), South Korea, def. Retief Goosen (16), South Africa, 1 up.
Ryan Moore (48), U.S., def. Francesco Molinari (17), Italy, 3 and 1.
Robert Karlsson (15), Sweden, def. Hiroyuki Fujita (50), Japan, 5 and 3.
Hunter Mahan (18), U.S., def. Sean O'Hair (47), U.S., 4 and 3.
Phil Mickelson (4), U.S., def. Brendan Jones (61), Australia, 6 and 5.
Rickie Fowler (29), U.S., def. Peter Hanson (36), Sweden, 1 up.
Thomas Bjorn (62), Denmark, def. Tiger Woods (3), U.S., 19 holes.
Geoff Ogilvy (30), Australia, def. Padraig Harrington (35), Ireland, 4 and 3.
Lee Westwood (1), England, def. Henrik Stenson (64), Sweden, 3 and 2.
Nick Watney (32), U.S., def. Anthony Kim (33), U.S., 5 and 4.
Martin Kaymer (2), Germany, def. Seung-yul Noh (63), South Korea, 7 and 6.
Justin Rose (34), England, def. Zach Johnson (31), U.S., 2 and 1

TRANSACTIONS

BASEBALL

MLB

LEAGUE OFFICE — Announced the retirements of umpires Jerry Crawford, Mike Reilly and Chuck Meriwether.
NATIONAL LEAGUE
HOUSTON ASTROS — Agreed to terms with RHP Cesar Carrillo, INF Matt Downs and RHP Lance Pendleton on one-year contracts.

BASKETBALL

NBA

UTAH JAZZ — Traded G Deron Williams to New Jersey for G Devin Harris, F Derrick Favors and first-round draft picks in 2011 and 2012.

FOOTBALL

NFL

JACKSONVILLE JAGUARS — Signed DE Paul Spicer to a one-day contract and announced his retirement. Designated TE Marcedes Lewis their franchise player.
PITTSBURGH STEELERS — Signed LB LaMarr Woodley to a one-year franchise tender offer.
SAN FRANCISCO 49ERS — Named Michael Christianson coordinator of football information technology/offensive quality control coach.
SEATTLE SEAHAWKS — Signed RB Chris Henry to a one-year contract.

HOCKEY

NHL

NHLPA — Named Mathieu Schneider special assistant to the executive director.
ANAHEIM DUCKS — Recalled G Ray Emery from Syracuse (AHL).
ATLANTA THRASHERS — Reassigned LW Michael Forney from Gwinnett (ECHL) to Chicago (AHL).
OTTAWA SENATORS — Recalled F Jim O'Brien from Binghamton (AHL).
WASHINGTON CAPITALS — Signed F Matt Hendricks to a two-year contract extension.

AHL

TORONTO MARLIES — Assigned F Matt Caruana and F Dale Mitchell to Reading (ECHL).

SOCCER

EUROPEAN CHAMPIONS LEAGUE

Second Round
ROUND OF 16
FIRST LEG
Yesterday's results
Inter Milan (Italy) 0 Bayern Munich (Germany) 1
Marseille (France) 0 Manchester United (England) 0

EUROPA LEAGUE

SECOND ROUND

SECOND LEG
Yesterday's results
FC Porto (Portugal) 0 Sevilla (Spain) 1 (aggregate 2-2; Porto advances on away goals)

ENGLAND

PREMIER LEAGUE

Arsenal 1 Stoke 0

ITALY

SERIE A

Yesterday's results
Bologna 0, Roma 1, comp. of susp. game, Jan. 30

CURLING

2011 SCOTTIES TOURNAMENTS OF HEARTS

At Charlottetown

Province (Skip)	W	L
Saskatchewan (Holland)	8	1
Canada (J.Jones)	6	3
Ontario (Homan)	6	3
Alberta (Kleibrink)	6	3
Nova Scotia (Smith-Dacey)	6	3
B.C. (K.Scott)	5	4
P.E.I. (Birt)	4	5
New Brunswick (A.Kelly)	3	6
Quebec (Larouche)	3	6
NWT/Yukon (Galusha)	3	6
Manitoba (Overton-Clapham)	3	6
N.L. (S.Devereaux)	1	8

Yesterday's results
Draw 12
Alberta 9 Quebec 4
British Columbia 4 Prince Edward Island 3
Canada 7 Ontario 4
Saskatchewan 10 Newfoundland & Labrador 2
Draw 13
Alberta 7 New Brunswick 3
Manitoba 10 Ontario 6
Northwest/Yukon Territories 7 Prince Edward Island 6 (extra end)
Nova Scotia 7 Saskatchewan 4
Draw 14
British Columbia 7 Northwest/Yukon Territories 2
Manitoba 8 Canada 6
New Brunswick 8 Quebec 5
Nova Scotia 11 Newfoundland & Labrador 3
Tuesday's results
Ninth Draw
Canada 10 British Columbia 2
Northwest/Yukon Territories 7 New Brunswick 4
Nova Scotia 8 Manitoba 7 (extra end)
Quebec 10 Newfoundland & Labrador 6
Draw 10
British Columbia 7 Quebec 5
Prince Edward Island 7 Alberta 5
Canada 10 Newfoundland & Labrador 4
Saskatchewan 8 Ontario 5
Draw 11
Alberta 6 Manitoba 5
Ontario 8 New Brunswick 1
Prince Edward Island 6 Nova Scotia 3
Saskatchewan 9 Northwest/Yukon Territories 7
Today's games
Draw 15, 8:30 a.m.
Prince Edward Island vs. Manitoba; Alberta vs. Nova Scotia; Saskatchewan vs. New Brunswick; Northwest/Yukon Territories vs. Ontario.
Draw 16, 1:30 p.m.
Quebec vs. Northwest/Yukon Territories; British Columbia vs. New Brunswick; Canada vs. Nova Scotia; Manitoba vs. Newfoundland & Labrador.
Draw 17, 6:30 p.m.
Saskatchewan vs. British Columbia; Ontario vs. Quebec; Prince Edward Island vs. Newfoundland & Labrador; Canada vs. Alberta.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	9	7	2	.778	101	78	—
Boston	9	6	3	.667	99	81	1
Buffalo	7	4	3	.571	78	67	2
Rochester	8	4	4	.500	72	87	2½
Philadelphia	8	4	4	.500	69	81	2½

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Calgary	8	5	3	.625	91	89	—
Minnesota	8	4	4	.500	80	74	1
Washington	9	4	5	.444	115	108	1½
Edmonton	8	2	6	.250	84	97	3
Colorado	8	1	7	.125	70	94	4

WEEK EIGHT
Saturday's games
Toronto at Philadelphia, 7:30 p.m.
Edmonton at Rochester, 7:35 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	41	14	.745	—
d-Miami	42	15	.737	—
d-Chicago	38	17	.691	3
Orlando	36	22	.621	6½
Atlanta	34	23	.596	8
New York	29	26	.527	12
Philadelphia	28	29	.491	14
Indiana	26	30	.464	15½
Charlotte	25	32	.439	17
Milwaukee	22	35	.386	20
Detroit	21	38	.356	22
New Jersey	17	40	.298	25
Toronto	16	42	.276	26½
Washington	15	41	.268	26½
Cleveland	10	47	.175	32

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	47	10	.825	—
Dallas	41	16	.719	6
d-L.A. Lakers	39	19	.672	8½
d-Oklahoma City	36	20	.643	10½
New Orleans	34	25	.576	14
Portland	32	24	.571	14½
Denver	33	25	.569	14½
Memphis	32	27	.542	16
Utah	31	27	.534	16½
Phoenix	28	27	.509	18
Houston	28	31	.475	20
Golden State	26	30	.464	20½
L.A. Clippers	21	37	.362	26½
Sacramento	14	41	.255	32
Minnesota	13	45	.224	34½

d-division leader
Last night's results
Houston 124 Cleveland 119
Philadelphia 117 Washington 94
San Antonio 109 Oklahoma City 105
Indiana 102 Detroit 101
Sacramento 111 Orlando 105
Toronto 118 Chicago 113
New York 114 Milwaukee 108
Memphis 104 Minnesota 95
Dallas 118 Utah 99
Phoenix 105 Atlanta 97
New Orleans 98 L.A. Clippers 87
L.A. Lakers at Portland
Tuesday's results
Charlotte 114 Toronto 101
Indiana 113 Washington 96
Houston 108 Detroit 100
Miami 117 Sacramento 97
Milwaukee 94 Minnesota 88
Oklahoma City 111 L.A. Clippers 88
Denver 120 Memphis 107
Boston 115 Golden State 93
L.A. Lakers 104 Atlanta 80
Tonight's games
Miami at Chicago, 8 p.m.
Boston at Denver, 10:30 p.m.

RAPTORS 118, BULLS 113

CHICAGO (113)
Deng 7-16 3-3 19, Boozer 9-20 6-8 24, Noah 3-7 1-2 7, Rose 8-22 14-16 32, Bogans 1-2 0-0 3, Brewer 4-5 3-4 11, Thomas 1-2 0-0 2, Gibson 2-8 2-2 6, Watson 2-3 1-2 6, Korver 1-2 0-0 3, Asik 0-0 0-0 0. Totals 38-87 30-37 113.
TORONTO (118)
J.Johnson 2-4 5-6 9, A.Johnson 8-8 1-1 17, Bargnani 7-19 10-11 24, Calderon 3-5 0-0 6, DeRozan 8-17 8-8 24, Weems 4-5 4-4 12, Davis 3-4 3-3 9, Barbosa 6-8 1-1 13, Bayless 0-1 0-0 0, Ajinca 2-3 0-0 4. Totals 43-74 32-34 118.

Chicago	29	29	23	32	113
Toronto	25	30	30	33	118

3-Point Goals—Chicago 7-15 (Deng 2-6, Rose 2-6, Korver 1-1, Bogans 1-1, Watson 1-1), Toronto 0-5 (Calderon 0-1, J.Johnson 0-1, Bargnani 0-3). Fouled Out—None. Rebounds—Chicago 50 (Noah 16), Toronto 39 (Bargnani 8). Assists—Chicago 19 (Rose 10), Toronto 29 (Calderon 17). Total Fouls—Chicago 22, Toronto 26. Technicals—Chicago defensive three second. A—18,105 (19,800) at Toronto.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	51	486	401	1465	28.7
James, MIA	55	503	362	1439	26.2
Stoudemire, NYK	53	521	333	1384	26.1
Wade, MIA	53	477	344	1343	25.3
Anthony, DEN	50	437	343	1259	25.2

Not including last night's games

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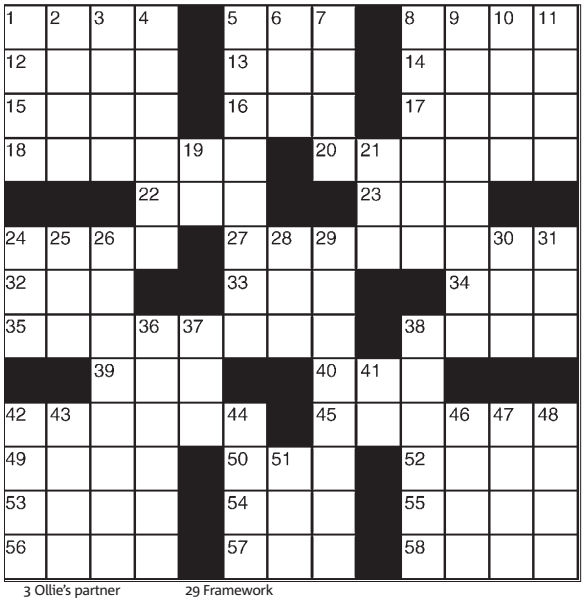
Crossword



Across

1 Frisbee, e.g.
5 Dance syllable
8 Somewhere out there
12 Busy with
13 "— Town"
14 Acrimony
15 Cicatrix
16 Ran into
17 "Yeah, right!"
18 Victorian vehicle
20 America's Cup entries
22 — out a living
23 18-Across, e.g.
24 Cardholder's woe
27 Drought-stricken region
32 In olden times
33 Category
34 Court
35 Gridiron event
38 Bend
39 Actor Chaney
40 Writer Buscaglia
42 Confine
45 Sign up
49 Invitation abbr.
50 Stern-ward
52 Lavish affection (on)
53 Sheltered
54 Bill and —
55 Rams' mates
56 Information
57 Barbie's companion
58 Engrossed

Down

1 Plate
2 Erstwhile Peruvian
3 Ollie's partner
4 Old-style foundation
5 — dell'arte
6 Shade
7 Bohemi-an
8 1981 Genesis album
9 No-privacy situation
10 Settled down
11 "Zebras"
19 Fine
21 Performance
24 Slight touch
25 "I" strain?
26 Impress
28 Einstein's birthplace
29 Framework
30 Travail
31 Bagel topper
36 Cut off
37 Wildebeest
38 Dossier
41 Type measure
42 Animal stomach
43 Scandinavian city
44 Prepare to travel
46 "The Music Man" locale
47 Dance lesson
48 Criterion
51 Adversary

▶ Yesterday's answer

A	M	I	S	■	S	P	A	■	S	E	T	H
B	A	T	H	■	E	R	G	■	P	Y	R	E
B	U	L	L	S	E	Y	E	■	L	E	E	R
A	L	L	O	T	■	■	S	P	I	C	E	S
■	■	■	C	A	T	S	■	E	T	A	■	■
J	A	C	K	■	R	A	Y	S	■	N	O	D
A	G	A	■	M	E	T	O	O	■	D	A	Y
Y	O	N	■	O	K	A	Y	■	B	Y	T	E
■	■	■	D	A	S	■	N	O	E	L	■	■
S	C	Y	T	H	E	■	■	G	A	L	A	S
E	L	B	A	■	B	A	R	G	R	A	P	H
G	O	A	L	■	B	R	A	■	E	R	I	E
O	G	R	E	■	S	E	W	■	S	K	E	D

Sudoku

	3	6	7		8			9
		5	3	6	1			
	4		9					
		9				8	7	6
2	1	8				3		
					9		5	
			1	3	6	7		
7			8		2	6	3	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

8	7	4	5	1	6	2	3	9
6	1	3	9	7	2	5	8	4
9	5	2	3	4	8	1	7	6
4	9	8	6	2	1	7	5	3
1	2	7	4	3	5	6	9	8
5	3	6	7	8	9	4	2	1
7	8	1	2	9	4	3	6	5
2	4	5	8	6	3	9	1	7
3	6	9	1	5	7	8	4	2

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

To my Prince Charming Brian, you're the sparkle in my life, the video game geek that plays Mario with me, and my partner of 2 years now. I absolutely love you, even at 3am, when the alarm rings. You'll always be my convenient store boy and I, your video store girl. Je t'aime! **LOVE, MEAGAN**

Dear Ian. Happy bday! Hope it is a blast! Thanks god for bringing u into my world. Your presence makes my life more intresting. Love you! Xoxo. **MEI**

Dear Melissa C – your warm smile, twinkling eyes and heart felt laughter will be truly missed. Good luck at the new company. Feel free to leave your fuzzy creature stereo speaker. **YOUR FRIEND**

This goes to my Kaplan peeps for keeping things exciting. You make a day much more livable! **<3 AJAX**

Today 0°/-8° Sunny
Friday -2°/-5° Sunny
You have voted us #1 for best forecasts on TV. Thank you Canada!
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Be honest with yourself about the way a relationship is developing – or not. It's not your fault if it doesn't work out. It's not anyone fault. Put it down to experience, and move on.

♉ Taurus April 21-May 21 Friends and work colleagues will be impressed by your ability to stay calm when everyone else seems to be losing their cool. You don't have to raise your voice to be heard.

♊ Gemini May 22-June 21 Don't back down if someone in authority gives you a hard time today. Stay calm but at the same time, give as good as you get. There's nothing he or she can do to hurt you. Let him or her know you're not afraid.

♋ Cancer June 22-July 22 What happens today will remind you that there purpose to your life. Others can choose to believe that nothing really matters if they wish, but you know it isn't true.

♌ Leo July 23-Aug.23 Keep your money in your pocket today. If you are not very careful, you will be shocked how easy it is to waste your hard-earned cash on things you don't really need. Be as thrifty as you can.

♍ Virgo Aug. 24- Sept. 22 Don't worry too much if you exchange some less than kind words with a partner or relative today because it's no big deal. Everyone falls out once in a while, even those who love one another.

♎ Libra Sept. 23-Oct. 23 Stick to the facts today. If you exaggerate, your rivals will find out and make a big deal of it. Why would you want to make yourself look more important anyway? You're perfect as you are.

♏ Scorpio Oct. 24-Nov. 22 You are full of energy and eager to get started on your latest world-beating project. But it might be a good idea to check the details again, in case there you've missed something.

♐ Sagittarius Nov. 23-Dec. 21 Be careful what you say today because your words will be taken seriously, perhaps more than you intend. Any promises you make will have to be honoured, even if you make them in jest.

♑ Capricorn Dec. 22-Jan. 20 It's good that you are confident in yourself, but don't take too much for granted or you could make a costly mistake. Travel plans are not as clear-cut as you appear to believe. Expect delays and disruptions.

♒ Aquarius Jan. 21-Feb. 18 Don't waste your time on activities that do not bring measurable results. Others may find you a bit too materialistic but that's their problem — you have bills to pay.

♓ Pisces Feb. 19-March 20 Don't think you have to explain yourself every time you do something differently. Life is an adventure or it is nothing and there is no reason to play it safe. **SALLY BROMPTON**

Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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